

Nipissing Manor Activity Calendar – May - 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Summer Breezes Program Begins in May. Therapeutic Park is open daily, Weather Permitting @10:15 AM and 2:15 PM			1 Morning Coffee-AR 10:00 Exercise Class– 1st & 2nd Floor 10:15 Place My Face-AR 2:15 Afternoon Tea-AR 3:00 Reading Group– QR 6:45	2 Stretch & Flex - AR 9:45 Morning Coffee-AR 10:00 Family Feud-AR 10:15 Salvation Army Service MDR 2:15 Afternoon Tea-MDR 3:00	3 Morning Coffee- MDR 10:00 BINGO - MDR  10:15 Volleyball-MDR 2:15 Afternoon Tea-MDR 3:00
4 Stretch & Flex - AR 9:45 Morning Coffee-AR 10:00 Shuffleboard-AR 10:15 Hymn Sing-AR 2:15 Afternoon Tea– AR 3:00	5 CINCO DE MAYO Morning Coffee-MDR 10:00 Singing BINGO-MDR 10:15 Cinco de Mayo Fiesta & Nachos 2:15 	6 Morning Coffee-MDR 10:00 Bilingual Catholic Mass– MDR 10:15 Derby Racing Game–MDR 2:15 Afternoon Tea-MDR 3:00 Movie Night– QR & AR 6:45	7 Stretch & Flex - AR 9:45 Morning Coffee-AR  10:00 Arts & Crafts: Brush Strokes & Bubbly –AR 10:15 Manicures and Paraffin Hand Wax-AR 2:15 Afternoon Tea-AR 3:00	8 Morning Coffee– AR 10:00 Exercise Class– AR 10:15 Mad Gab-AR  2:15 Afternoon Tea-AR 3:00 Music on Demand– QR 6:45	9 Stretch & Flex - AR 9:45 Morning Coffee-AR 10:00 Singing Crosswords-AR 10:15 Friday Afternoon Social & Music 2:15 	10 Morning Coffee– MDR 10:00 Zumba with Shelley– MDR 10:15 BINGO - MDR 2:15 Afternoon Tea-MDR 3:00
11 MOTHERS DAY! Morning Coffee –AR 10:00 Mother’s Day Spa-AR 10:15 Mother’s Day Tea Social— MDR  2:15	12 Morning Coffee-MDR 10:00 BINGO-MDR  10:15 Sing-A-Long: Country-MDR 2:15 Afternoon Tea-MDR 3:00	13 Morning Coffee- MDR 10:00 Bilingual Catholic Mass– MDR 10:15 May Birthday Party and Music with Norm - MDR 2:15  Gospel Hall-MDR 6:45	14 Stretch & Flex - AR 9:45 Morning Coffee-AR  10:00 Indoor Planting-AR 10:15 Balloon Tennis– MDR 2:15 Afternoon Tea-MDR 3:00	15 Morning Coffee-AR 10:00 Exercise Class– AR  10:15 Making Chocolate Chip Cookies– AR 1:30 Horseshoes- AR 2:15 Afternoon Tea-AR 3:00 Ball Toss-QR 6:45	16 Stretch & Flex - AR 9:45 Morning Coffee-AR 10:00 The Price is Right– AR 10:15 Friday Afternoon Social and Games 2:15	17 Morning Coffee– MDR 10:00 BINGO - MDR  10:15 Hockey- MDR 2:15 Afternoon Tea-MDR 3:00
18 Stretch & Flex - AR 9:45 Morning Coffee-AR 10:00 Hymn Sing-AR 10:15 Sliding Pool Noodle Game– MDR 2:15 Afternoon Tea– MDR 3:00	19 VICTORIA DAY Morning Coffee-MDR 10:00 BINGO-MDR  10:15 Manicures & Hand Wax-AR 2:15 Afternoon Tea-AR 3:00	20 Morning Coffee– MDR 10:00 Bilingual Catholic Mass– MDR 10:15 Residents Council Meeting - AR 1:30 Mini Basketball-AR 2:15 Afternoon Tea-AR 3:00 Hand Soaks 6:45	21 Stretch & Flex - AR 9:45 Morning Coffee-AR 10:00 Arts & Crafts: Spring Wreaths-AR 10:15 Cards-AR & Games-MDR 2:15 Afternoon Tea-MDR 3:00	22 Morning Coffee-AR 10:00 Exercise Class– 1st & 2nd Floor 10:15 South Shore Missionary Church Service-MDR 2:15 Afternoon Tea-MDR 3:00 Evening Walks 6:45	23 Stretch & Flex - AR 9:45 Morning Coffee-AR 10:00 Word Games-AR 10:15 Friday Afternoon Social and Music with Rick- MDR 2:15	24 Morning Coffee –MDR 10:00 BINGO - MDR 10:15 Pool Noodle Tennis-MDR 2:15 Afternoon Tea-MDR 3:00
25 Stretch & Flex - AR 9:45 Morning Coffee-AR 10:00 Spin to Win-AR 10:15 Manicures & Hand Wax-AR  2:15 Afternoon Tea –AR 3:00	26 Morning Coffee- MDR 10:00 BINGO –MDR 10:15 Bowling– MDR  2:15 Afternoon Tea-MDR 3:00	27 Morning Coffee- MDR 10:00 Bilingual Catholic Mass– MDR 10:15 Ball Drop Challenge-AR 2:15 Afternoon Tea– AR 3:00 Evening Walks 6:45	28 Stretch & Flex - AR 9:45 Morning Coffee-AR 10:00 Arts & Crafts: Making Flowers— AR 10:15 Cards-AR & Games-MDR 2:15 Afternoon Tea– MDR 3:00	29 Morning Coffee– AR 10:00 Exercise Class– AR 10:15 Making Ice Cream-AR 1:30 Ring Toss-AR  2:15 Afternoon Tea-AR 3:00 Golden Hour Gathering 6:45	30 Stretch & Flex - AR 9:45 Morning Coffee- AR 10:00 Scattergories-AR 10:15 Friday Afternoon Social & Games– MDR 2:15 	31 Morning Coffee– MDR 10:00 BINGO - MDR 10:15 Table Top Tennis-AR 2:15 Afternoon Tea-AR 3:00